

COSTA RICA WELLNESS RETREAT



GETAWAY EXPERIENCE

Presented by Bruce & Mindy Mylrea at **The Pura Vida House**, award winning, custom-built luxury villas located within Hacienda Pinilla, Costa Rica's most prestigious 5-star beach resort.

Your vacation will blend daily workouts, meditations, Breathwork, nutrition learning and relaxation within the rugged natural beauty of tropical dry forest and the top rated beaches in Costa Rica.

Join us for the ultimate wellness destination experience!

January 14-21, 2027!

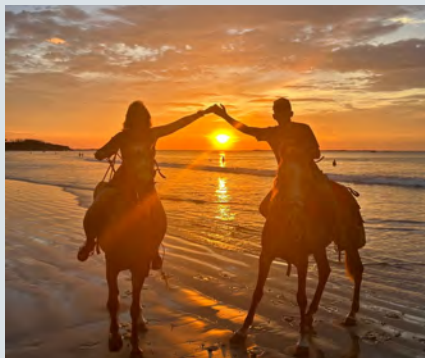


LIVE. LAUGH. PLAY.

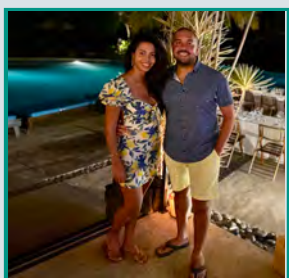


RESORT AMENITIES

- The Beach Club at Hacienda Pinilla
- 3 pristine beaches (private access)
- Ocean view fitness center
- 2 Lighted Tennis Courts and 4 dedicated pickleball courts
- Championship Golf Course
- Surfing famous Little Hawaii break
- 8 restaurants/bars
- Equestrian Center
- 20 miles of mountain bike paths
- Mini Market
- 2 Spas



Book Your Wellness Retreat Today!



MEET YOUR HOSTS

Mani & Cindy



MEET YOUR ORGANIZERS

Bruce & Mindy

*Questions or Ready to Book? Contact: info@thepuravidahouse.com

GETAWAY INCLUDES:

- **7 night luxury accommodations** at: Pura Vida House (6bd/6ba)
- **3 meals** per day (breakfast/lunch/dinner) *lunch provided by Mindy/ Bruce, breakfast/dinner provided by private chef
- **4 Local Cultural Experience**
 - Visit town of Tamarindo
 - 60min massage
 - Chocolate Tasting
 - Coffee or Wine Tasting
- **Pickleball**
- **6 Beach workouts**
- **4 Lunches and nutritional lectures**
- **1 Round trip airport transfers** (Liberia International Airport, shared)
- **3 Golf carts for use within the resort** (shared carts)
- **Concierge Services:** Hosts will provide you with access to local knowledge, off the-beaten path places, waterfalls, rainforest, volcanoes, hot springs, giant turtles, and help to get there!
- House Keeping/Laundry Service
- High Speed Wi-Fi
- Exclusive Beach Club access
- 4 mountain bikes (shared amongst the group)
- 18 Hole Championship golf course (signature ocean views)
- Daily Costa Rican coffee

RATE

\$2,295/pp

- Only 12 spots available! This trip will fill quickly!!
- *all taxes/resort fees included in rate*
- *airfare not included*

**\$500 deposit required to book*